

## GOWER - GENERAL RISK ASSESSMENTS

### TRAVEL TO RESORT - COACH

<b>HAZARD</b>	<b>WHO MAY BE AFFECTED</b>	<b>CONTROL MEASURES</b>
Slipping, Tripping, Falls	Pupils	Aisles to be kept clear from luggage Floors to be kept dry and clean where possible Persons to remain seated when vehicle is moving
Injuries during collision	Pupils	Persons to remain seated when vehicle is moving Persons to wear seat belts when seated Loose luggage to be stowed correctly
Injuries whilst boarding / alighting vehicle	Pupils	Vehicle to be boarded / alighted off of main roads if possible Persons to be advised when safe to leave the vehicle by the drivers Adults to supervise the boarding / alighting of the vehicle Persons not to board / alight from road side of vehicle
Scalding / Burns	Pupils	Only drivers / adults / staff to use drinks machines / hot water
Manual Handling Injuries	Pupils	Only drivers / trained personnel to handle luggage
General safety	Pupils	All persons to be briefed by Drivers at start of journey

### TRVEL TO RESORT - FERRY

<b>HAZARD</b>	<b>WHO MAY BE AFFECTED</b>	<b>CONTROL MEASURES</b>
Slipping, Tripping, Falls	Pupils	Advise person not to run onboard a moving vessel Persons to remain seated where practicable
Man-overboard / Drowning	Pupils	Persons not to be on deck alone and to keep away from railings Persons to follow instructions from ship's safety brief Identify location of safety equipment
General safety / emergency procedures	Pupils	Persons to be supervised by staff where practicable Persons to be briefed on Muster / meeting points
Sea-sickness	Pupils	Medication to be made available to those who require it Medication to be administered by staff only Ensure drinking water / fluid are available

### IN RESORT

<b>HAZARD</b>	<b>WHO MAY BE AFFECTED</b>	<b>CONTROL MEASURES</b>
Equipment	Pupils	<p>All equipment is issued by the ski shop and adjusted in accordance with the manufacturer's recommendations.</p> <p>Instructors should not adjust bindings- the equipment should be returned to the hire shop.</p> <p>Equipment should be clearly identified in order that the pupils have only that issued personally to them and not someone else's.</p>
Weather	Pupils	<p>Instructors to check the weather forecast at the beginning of each day.</p> <p>Pupils to be given a clothing list before the ski course.</p> <p>Instructors to check that pupils are wearing appropriate clothing, eye protection and sun screen for the prevailing conditions.</p> <p>Instructors are to prevent inappropriately dressed individuals from going onto the mountain.</p> <p>Instructors should periodically check that their students are not getting too cold, sunburnt or dehydrated during lessons and treat as necessary.</p>
Skiing/Boarding	Pupils	<p>Pupils to be taught the FIS ski way code by their Instructor.</p> <p><b>No off-piste skiing/boarding is allowed.</b></p> <p><b>No unsupervised skiing/boarding is allowed, irrespective of the pupil's ability.</b></p> <p>Students to use appropriate runs according to their ability.</p> <p>If the pupils are falling too much, change the exercise or move to an easier slope.</p> <p>Instructors to be aware of the fitness of the group.</p> <p>Schools to be advised on suitable pre-course exercises to enable them to get fit before travelling</p> <p>Warm up exercises to be given at the start of the day.</p> <p>Instructors to be aware of how to contact the ski patrol. Number in mobile, where possible.</p>

**IN RESORT (Contd/...)**

<b>HAZARD</b>	<b>WHO MAY BE AFFECTED</b>	<b>CONTROL MEASURE</b>
Getting lost	Pupils	Instructor should have a list of students' names. Give instructions as to where to meet if pupil becomes separated from the group – ensure these are understood. Brief all on direction of piste and appoint a 'tail-end-charlie' Perform regular 'head-counts'. Instructor to be especially aware at piste junctions and lift stations.
T-Bars/Pomas	Pupils	Take time to teach proper use, especially to clear exit quickly. Avoid loose clothing and rucksacks as they can catch on the T-bars All students taught to wait at the top of the lift. Instructor goes up last. Fallen students taught to wait at the point of fall.
Chairlifts	Pupils	Take time to teach proper use. Ensure that safety bars are used properly. Remove rucksacks. Again, clear exit area quickly.
Lunch-times & End of Day	Pupils	Instructor not to leave pupils until they can hand over to a designated adult from the school party. <b>NO SKIING/BOARDING OUTSIDE OF LESSONS</b>
Inappropriate Terrain	Pupils	Progressions must be very gradual. Check terrain before taking a group there. Follow the suggested progressions.
Snow Park	Pupils	Not to be used until appropriate small terrain jumps have been attempted successfully. No stopping in the landing areas. Set up signals to call the group down one at a time Start at an appropriate height, in order that the skier/snowboarder cannot build up too much speed. Watch others first to show students what to do. Abort if the snow is too hard, the park is too busy or the jumps are inappropriate for the group.